



**DEDICATED TO
THE CAUSE OF
PENSIONERS
SINCE 1991**

PENSIONERS' RAIL SAMPARK

QUARTERLY BULLETIN OF RAILWAY SENIOR CITIZENS WELFARE SOCIETY (RSCWS)

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JULY-SEPTEMBER, 2023

FOR FREE CIRCULATION TO MEMBERS RSCWS

RSCWS CONDUCTS CLEANLINESS DRIVE AT MOHALI RAILWAY STATION



DISPLAY OF BANNER



SWACHHTA PLEDGE



PLEDGE BY THE EXECUTIVE



**GARBAGE COLLECTION ON
RAILWAY TRACK**



**DISPOSAL OF GARBAGE
IN WASTE BAGS**



**BROOMING & GARBAGE
PICKING FROM THE PLATFORM**

RSCWS OBSERVED CLEANLINESS DRIVE AT MOHALI RAILWAY STATION ON 1.10.2023.

Railway Senior Citizens Welfare Society (RSCWS) observed Cleanliness Drive at SAS Nagar, Mohali Railway Station by cleaning station premises, railway track & part of the railway platform by cleaning and picking up the littered waste.

All participants took the Swachhta Pledge to actively participate in the cleanliness drive of the country, as advised by the GOI/DOP&PW. Sh. T.S. Kalra Chairman RSCWS led the Oath taking ceremony by reading out the pledge with all others repeating each line of the pledge after him. A banner for Cleanliness Drive as a tribute to Mahatma Gandhi was displayed on the site of the Oath taking ceremony.

ANNUAL GENERAL BODY MEETING OF RSCWS IN PROGRESS ON 12-08-2023



HONOURING OF DOCTOR & OFFICIALS OF FORTIS AFTER MEDICAL SEMINAR



HONORING OF DR. MILINDA GUPTA OF FORTIS HOSPITAL



HONORING OF DR. AJINDER SINGH
MANAGER CORPORATE
FORTIS HOSPITAL



HONORING OF MRS. MEENA BATT
SR. MANAGER CORPORATE
FORTIS HOSPITAL

HONORING OF EXECUTIVE MEMBERS FOR THEIR COMMENDABLE SERVICES TO RSCWS



NOTICE FOR ANNUAL GENERAL BODY MEETING OF RSCWS AND MEDICAL SEMINAR TO BE HELD ON SATURDAY, 25TH NOVEMBER, 2023 AT FORTIS HOSPITAL AUDITORIUM, MOHALI

General Body Meeting (GBM) of Railway Senior Citizens Welfare Society (RSCWS) & a Medical Seminar on Dementia & Alzheimer-its symptoms & cure" shall be held on 25th November, 2023 from 10AM to 1PM at 3rd Floor Auditorium, (OPD Side) Fortis Hospital, Sector 62, Phase-8, Mohali. All the Members of RSCWS and their spouses are requested to attend the GBM & the Medical Seminar. Tea will be served by Fortis Hospital before the Meeting.

AGENDA

1. Homage to Members who expired in the intervening period after the last GBM
2. a) Welcome by the SG/RSCWS Sh. Harchandan Singh followed by Cultural Programme.
b) Opening Address by the President Sh. K.P. Singh
3. a) Confirmation of Minutes of AGBM held on 12-8-2023 - (Published on Page 9-11 of this issue of PRS)
b) Report of Secretary General Sh. Harchandan Singh.
4. Discussion on and approval of the Sub-Committees and allocation of duties to EC Members as per the list.
5. Approval of Sh. R.K. Dutta as nodal officer for conducting Digital Life Certificates of pensioners as per the guidelines of DoP&PW and approved by EC
6. Discussion on utilization of Grant-in-Aid as per prescribed norms in the sanction letter.
7. To approve the social welfare fund donation of Rs. 10,000/- as per recommendation of the newly constituted SWF committee.
8. Consideration of the proposal of going out on excursions on contributory basis and formation of a Recreation Committee for this purpose.
9. Medical Seminar on Dementia (Loss of Memory) and Alzheimer's disease-symptoms, cure, care, prevention and control by Dr. Amit Shankar Singh, Associate Consultant Neurology, Fortis Hospital Mohali.
10. a) Approval of Nomination of Sh. N.P. Mohan, Sh. D.S. Nigah & Sh. V.P. Chnadan as Advisors RSCWS
b) Approval of nomination of Sh. Punkaj Gupta as working President against the post vacated by Sh. D.S. Nigah.
11. Any other point with permission of the Chair.
12. Concluding Address by the Chairman and vote of thanks by the Secretary General, RSCWS

Lunch will be served by RSCWS, after the Meeting.

Secretary General, RSCWS

Dispensary opens at Mohali Railway Station



PHARMACIST ISSUING MEDICINES



ON DUTY MEDICAL STAFF

RAILWAY DISPENSARY STARTS AT MOHALI STATION

Northern Railway's Ambala Division started a satellite dispensary at the Mohali Railway Station platform 1 on 3rd October, 2023. The facility will cater to Railway Employees and retirees on every Tuesday and Friday (except Holidays), from 9:30AM to 12:30PM, said Divisional Railway Manager (DRM) Mandeep Singh Bhatia.

All employees and retired personnel can avail the facility by producing valid UMID card and prescription from ADMO, Chandigarh, or divisional hospital, Ambala. "Only a pharmacist will be available at the satellite dispensary for the time being," he said. TNN

RSCWS: It is a matter of pleasure that a satellite/lockup dispensary at SAS Nagar (Mohali) Railway Station has been opened for the benefit of Railway Beneficiaries. This satellite dispensary will be of much relief to the Railway Beneficiaries settled in and around Mohali and for those Beneficiaries working/settled at Kurali, Ropar, Nangaland adjoining areas of Mohali.

RSCWS thanked the DRM/UMB and requested that since pharmacist will only issue medicines, a Railway Doctor should be also nominated to attend the Railway Beneficiaries on these days for OPD consultations. As the present dispensary is at an elevated platform and those old Railway Beneficiaries suffering from joints pain feel painful to climb the stairs, therefore it is suggested and requested that the new dispensary be shifted on ground floor on the first opportunity for the convenience of old Railway Beneficiaries.

MEMORANDUMS SUBMITTED BY RSCWS

1 Copy of Memorandum No. RSCWS/CHD/Memo Addl. Pension/2023-13 Dated 05-09-2023 addressed to Smt. Nirmala Sitharaman, Hon'ble Minister of Finance, Government of India

Sub: - Grant of Additional Pension of 5%, 10%, 15% & 20% at the age of 65, 70, 75, & 80 yrs.

Ref: - GOI, DoP&PWF.No. 17/4/2021-P&PW(Coord.)-E.7648 Dated 04.04.2022

1. Parliamentary Standing Committee on Pensioner's grievances in its 110th report vide recommendation No. 3.28 had recommended that “The committee is of the view that Government should sympathetically consider the demand of Pensioner's Associations for 5% additional quantum of pension on attaining the age of 65 years, 10% on 70 years, 15% on 75 years and 20% on 80 years to the pensioners.” as per the table below: -

On Attaining the Age of	Additional Quantum of Pension Recommended by the Parliamentary Committee
65 years	5% of Basic Pension
70 years	10% of Basic Pension
75 years	15% of Basic Pension
80 years	20% of Basic Pension

2. Ministry of DoP&PW vide their above referred letter had stressed for early implementation of the above recommendations of the Parliamentary Committee.

3. The Government seems to be in agreement with the above said recommendations for Additional Pension from the age of 65, 70 & 75 years but has not implemented the same due to its financial implications, as mentioned in 120th Report of Parliamentary Committee on Pensioners grievances.

4. The Pensioners continue to suffer due to ever rising cost of sustenance in old age due to failing health, ever rising cost of Medicines besides those of other social and family responsibilities. Financial implications of the proposal for additional Pension may please be reviewed sympathetically keeping in view the hardship of the Pensioners with every passing year of age. The Government of India may please consider the proposal sympathetically and provide for requisite funds for the same.

5. It is, therefore, requested that above said recommendations may please be implemented for grant of additional pension of 5% on attaining 65 years of age, 10% from 70 years of age and 15 % on attaining 75 years of age, in line with 20% of additional pension as already granted on attaining the age of 80 yrs.

2 Copy of Memorandum No. RSCWS/CHD/Memo DG(RHS)/2023-14 Dated 05-09-2023 to Director General (Railway Health Services), Rail Bhawan, New Delhi-110001.

Subject:- Option for Railway Employees to avail RELHS benefits either for their Parents or Parents-in-law.

Ref:-1. Director CGHS File No. H.11020/2/2023-EHS dated 26-07-2023

2. Ministry of Health & Family Welfare memorandum No. 4(1)-18/63-H dated 03-03-1987

In reference to the above, Director/CGHS, after reviewing the subject matter, with the approval of competent authorities, has clarified for the option of Central Government Employees to avail CGHS benefits either for their Parents or Parents-in-law.

It is requested that a similar option be also made available to the Railway Employees & Pensioners so that their old parents/parent-in-law can get treatment in Railway Hospitals/Empaneled Hospitals, subject to the stipulated terms & conditions on the subject matter.

3. Copy of Memorandum No. RSCWS/CHD/ Memo DGRHS/2023-11 Dated 30-06-2023 to Chairman & Chief Executive Officer, Railway Board, Rail Bhawan, New Delhi-110001

Subject: -Regarding Extension of Pan India Cashless Treatment facilities to Railway Beneficiaries at AIIMS & PGIs – (at par with other Central Government employees & Pensioners/ CGHS Beneficiaries).

Reference: - 1.Govt. of India, Ministry of Health & Family Welfare, Department of Health & Family Welfare, Directorate General of CGHS letter F No. Z16025/12/2023/CGHS-111 Dated 31-05-2023.

2. Press Release by MoH&FW dated 27-06-2023 Regarding MOA between AIIMS-New Delhi, PGIMER-Chandigarh & JIPMER-Puducherry.

In reference to the above letters, facility of Cashless Treatment has been extended to CGHS Beneficiaries in the Medical Institutes of National Importance (AIIMS at New Delhi, Bhopal, Bhubaneswar, Patna, Jodhpur, Raipur, Rishikesh, PGIMER-Chandigarh & JIPMER-Puducherry) with the following salient features:

1. Cashless treatment will be available in outpatient departments (OPD), investigations, and inpatient treatment for CGHS pensioners and other eligible categories of beneficiaries.
2. These institutes will raise credit bills for CGHS pensioners and other eligible beneficiaries, and CGHS will preferably make payment within 30 days of receiving the bills.
3. CGHS beneficiaries will be admitted only upon the production of a valid CGHS Beneficiary ID Card for treatment at these institutions.
4. Separate Help Desks and accounting systems will be created for CGHS beneficiaries at AIIMS New Delhi, PGIMER Chandigarh, and JIPMER Puducherry.
5. Medicines prescribed by the doctors at these institutions, whether for OPD treatment or at the time of discharge, will be collected by beneficiaries through CGHS.
6. CGHS beneficiaries will no longer require referrals to access healthcare facilities at these institutions. Railways, also being a central government pan India organization, the Railway Board is requested to extend these facilities of Cashless Treatment in all AIIMS and PGI Chandigarh etc. without referral from the Railway Hospital to Railway beneficiaries also at par with CGHS Beneficiaries which will enable them to avail state-of-the-art medical facilities and also reduce the referrals burden on CMSs of Railway hospitals.

Government Orders Issued Concerning Pensioners

1. Department of Personnel & Pensioners welfare No. 1(2)/2023-P&PW(H)-8869 Dated 25-09-2023

Sub: -Facilitation of Digital Life Certificate through Face Authentication for Super Senior Pensioners aged 80 years and above from 1st October every year.

The undersigned is directed to Department of Pension and Pensioner's Welfare OM No. 1/20/2018-P&PW(E) dated 18-07-2019 regarding provisions of submission of life certificate for super senior pensioners aged 80 years and above from 1st October every year.

1. In view of the Digital Life Certificate through face Authentication Technology, it is now possible that each and every citizen can submit Digital Life Certificate either from home using android smartphone or bank branch,
2. It is suggested that all Banks may utilize the various platforms for creating awareness of the convenience of obtaining a Life Certificate by using the Face Authentication Technology. The following steps may be taken by the Banks: -
 - i. SMS/emails/WhatsApp message may be sent to the pensioners with link of SOP of Face Authentication to empower the Super Senior Pensioner to submit their Life Certificate through Face Authentication Technology through their Android phone. (Youtube link of SOP: <https://www.youtube.com/watch?v=MT4dDfdFY> Hindi: <https://www.youtube.com/watch?v=JbWZJkm-PB0&t=11s>).
 - ii. Banks may circulate the SOP on DLC through Face Authentication (Copy enclosed) through email to concerned officials of Banks to enable them to get familiar with the usage of this technology.
 - iii. Facilitate bed-ridden/hospitalized pensioners for submission of life certificate by deputing Doorstep banking executives.
 - iv. Banks may run widely publicize the methodology for submitting DLC by pasting information posters in branches/ATMs.
3. Necessary instructions may be issued to all the Bank branches to make suitable arrangement for submission of Life Certificate by the super senior pensioners/family pensioners aged 80 years and above from 1st October of every year.

2. Government of India, Ministry of Railways, (RAILWAY BOARD), letter No. 023/H/28/1/RELHS/ Empaneled (CGHS) Executive Director Health Dated 19-09-2023

Sub: - Provision of OPD consultation & related investigation for RELHS beneficiaries aged 75 years & above from specialists of Private Hospitals empaneled by Railway - As a PILOT PROJECT FOR ONE YEAR FROM 01.11.2023 TO 31.10.2024.

The matter of provision of direct Outpatient Department (OPD) consultation and related investigation from specialists of private hospitals empaneled by Railway for RELHS beneficiaries aged 75 years and above has been drawing attention of Ministry of Railway for some time. After consideration of the issue, Railway Board has decided as under: -

- (i) RELHS beneficiaries aged 75 years and above may be permitted to seek direct OPD consultation from specialists of Private Hospitals empaneled by Railway, without referral from Railway Hospital/ Health Unit under which beneficiary is registered.
- (ii) If any CGHS listed investigation/procedures is advised and is required to be undertaken in emergency, no other authorization will be required, and the same may be undertaken from empanelled hospital at CGHS rates for that city/or as per MOU with Railways in cashless procedure. Bills along with copy of UMID card, copy of prescription/ Reports and declaration form (copy enclosed) signed by the beneficiary and duly endorsed by the competent authority of the empaneled hospital will be sent to Railway under which the hospital is empaneled for payment.
- (iii) In non-emergency cases, approval of competent authority from Railways will be required for undertaking (a) CGHS non-listed investigations/ planned procedures; and (b) those CGHS listed investigations, which cost above Rs. 10000/-, whenever advised by specialist of empanelled hospitals.
- (iv) Medicines prescribed by a specialist doctor of private railway empanelled hospitals will be issued by concerned Railway hospitals/Health Units on authorization of available railway doctor.
- (v) Private Hospitals empaneled under Railways shall provide above facilities on cashless basis at CGHS rates to Railway beneficiaries aged more than 75 years. The hospitals shall submit the bills along with valid UMID card and declaration form signed by the beneficiary who has availed the facilities, duly endorsed by the competent authority of the empaneled hospital.
- (vi) This facility will be available for only those aged 75 years & above RELHS beneficiaries who are eligible for OPD consultation at Railway Hospitals/ Health Units. This facility is not available to beneficiaries having UMID card with FMA.
- (vii) These guidelines will not super cede the instruction issued vide Board's letter No. 2018/TransCell/Health/CGHS (eOffice No.327783) dated 16.06.2021 which will remain in force for emergency cases/IPD cases as specified therein.
- (viii) This is a Pilot Project only for one year i.e., 01.11.2023 to 31.10.2024. Railways will ensure the period of Pilot Project without fail.
- (ix) To ensure that UMID cards are not misused, proper account of expenditure incurred on the present scheme may be maintained by Railway/ PU.
- (x) Empaneled hospitals need to be provided access to HMIS portal so that data efficiently and can be retrieved whenever required.

3. Principal Chief Medical Director, Northern Railway, Baroda House, New Delhi Letter No. 139-Med/Medical Facilities/Pt.III Dated 04-10-2023 Addressed to CMD/NRCH & All CMSs (DLI, MB, LKO, UMB, FZR & JUDW) In Reference to Above.

Sub: - Provision of OPD consultation & related investigation for RELHS beneficiaries aged 75 years and above from specialist of Private Hospitals empaneled by Railway-As a Pilot Project For one year from 01-11-2023 to 31-10-2024

All Hospital in-charges are advised to make necessary amendment in MoU and apprise all private hospitals regarding this and compliance is to be sent this office at the earliest.

4. SOP for Face Authentication by Government of India, Department of Pension & Pensioner's Welfare. This is one of the best practices in digital innovation launched by Department of Pension & Pensioner's Welfare. DoP&PW in collaboration with UIDAI & MeitY has launched Face Authentication Technology for submission of Digital Life Certificate for enhancing "Ease of Living" of 70 lakhs Central Government Pensioners". DLC through Face Authentication Technology is based on Aadhar based smartphone.

Step-1: -In this step the pensioner/family pensioner need to go to the Google Play Store and search for: Aadhar Face RD (Early Access) Application" by UIDAI (unique Identification Authority of India) with latest Version (presently 0.7.43)

Step-2: -After successfully installing the Aadhar Face RD App on the device, it will appear in the Setting under App Manager or App Info. This application is used for the background process of the JeevanPramaan Application, so it is mandatory to install it.

Step-3: -Once the Aadhar Face RD App is installed on your smartphone/Android device, the pensioner/family pensioner needs to download another application called "JeevanPramaan" from the Google Play Store with version 3.6.3.

Step-4: -After successfully installing both applications the pensioner/family pensioner should open the "JeevanPramaan" application. They will be taken to the "Operator Authentication" screen where they have to provide their personal details as follows:

- (i) Click on the Aadhar checkbox. (ii) Enter the Aadhar Number.
- (iii) Enter the Mobile Number.(iv) Enter the Email Address.
- (v) Click on the submit button.

Step-5: -After providing all the information, the Operator (pensioner/family pensioner/any other person on behalf of pensioner/family pensioner) needs to submit the OTP (One Time Password) sent to their respective mobile number and email address.

Step-6: - After submitting the OTP, the JeevanPramaan App will take the Operator (pensioner/family pensioner/any other person on behalf of pensioner/family pensioner) to a screen where they have to provide their Name as per Aadhaar. They should click on the checkbox and then click on Scan. The app will request permission for Face Scan, and the pensioner/family pensioner should press "Yes" to continue the process.

Step-7: -Before the scan, the app will display instructions and guidelines for the face scan. The pensioner/family pensioner should read them carefully. Afterward, they need to click on the "I am aware of this" checkbox to continue and press proceed. The app will capture their face.

Step-8: -Note: -

1. The operator authentication is a one-time process.
2. Pensioner can also be the Operator.
3. After operator authentication, a screen will open for pensioner authentication.
4. One operator can generate DLC of multiple Pensioners.

Step-9: -After Operator Authentication a screen opens for Pensioner Authentication (Image-1) where they have to provide their personal details as follows:

1. Click the checkbox of Aadhaar.
2. Enter Aadhaar Number.
3. Enter Mobile Number.
4. Enter Email Address (Not Mandatory).
5. Click on the 'Submit' button.
6. On clicking submit button, an option appears on screen 'Enter OTP' (Image-2)
7. Enter OTP and click Submit button

Step-10: -After submission of OTP a screen will appear, where the following information is to be provided:

1. Full Name as per Aadhaar
2. Type of Pension
3. Sanctioning Authority
4. Disbursing Agency
5. PPO Number
6. Account Number (pension)
7. Click on the declarations
8. Click on Submit button
9. A permission to Confirm will appear on the screen.

Step-11: -A screen will appear for providing consent and permission for scan. Click on scan.

The process for scanning face will begin

After face scanning DLC submission appears on the mobile screen along with Pramaan ID and PPO Number.

LIFE CERTIFICATE THROUGH VIDEO FOR SBI PENSIONERS

- A Compilation by Shri N P Mohan, Patron & Advisor, RSCWS (This facility can be availed by Pensioners drawing Pension through SBI)

1. Open <https://www.pensionseva.sbi>
2. The Process is simple. Your pension account number and PAN card will be required. No need to Register or Log in.
3. On the opening page click on "Video LC" on LH side. Enter your account number/captcha and enter OTP recd.
4. You have to allow access to your account and camera microphone etc. when prompted
5. If any executive is free, you will be connected. If the assigned executive is likely to be free in a few minutes, it will show you the time in minutes when you will be attended. If no one is available/waiting is too long, you have the option of taking an appointment any other time
6. Once video is connected, an executive will appear on LH side. Follow what the executive tells.
7. You will be asked to show your PAN CARD for the photo and thereafter your photo. If all goes well, the session will close.
8. A confirmatory message will be received on your phone regarding scrutiny and thereafter in a day or two advices of acceptance of video LC.
9. Availability of this facility on other banks can be checked.

**5. DIRECTOR, POSTGRADUATE INSTITUTE OF MEDICAL EDUCATION & RESEARCH,
CHANDIGARH OFFICE ORDER No. EV(9)PGI-MS/MA-10-A/2023 Dated 07-07-2023**

Dr. Navin Pandey, Associate Professor, Department of Hospital Administration is hereby appointed AS Nodal Officer for Implementation/providing credit facilities to CGHS Pensioner and other entitled categories of CGHS

Beneficiaries in PGIMER, Chandigarh. Computer Section and Account Department are directed to make the necessary changes in HIS for initiating this facility in PGIMER, Chandigarh.

6. Ministry of Health & Family Welfare, Department of Health & Family Welfare No. S.11025/18/2023-EHS
Dated 20-09-2023
Subject: - Revision of consultation/visiting & injection fee Authorized Medical Attendants (AMAs) under CS (MA) Rules, 1944

1. Medical Post Graduate/Specialists	Rates as advised by Directorate GHS & CGHS
<u>Consultation Fee</u>	
First Consultation	350/-
Subsequent Consultation	350/-
<u>Injection Fees</u>	
Intramuscular/Subcutaneous	25/-
Intravenous	50/-
2. Medical Licentiatees and Medical Graduates (MBBS or equivalent)	
<u>Consultation Fees</u>	
First Consultation	200/-
Subsequent Consultation	200/-
<u>Injection Fees</u>	
Intramuscular/Subcutaneous	25/-
Intravenous	50/-

3. These orders will supersede the earlier orders issued on the subject from the date of issue.

4. It is also clarified that now there are no separate charges for day and night consultation as these were prevailing earlier.

5. This issue with the concurrence of IFD vide, CD No. 1876 dated 20-02-2023

7. GOVERNMENT OF INDIA, Ministry of Railways, Railway Board

Letter No. PC-VII/2021/HRMS/61 Dated 29-11-2023

Sub: -Issuing PRCP in Physical Mode to the retired officers and staff clarification

Ref: - Board's Letter No. PC-V11/2020/HRMS/16 dated 01.09.2021 issued by ED, Pay Commission-II

Vide Board's letter under reference, issuance of Privilege Pass/PTO was made mandatory to be processed through HRMS for serving employees. However, it was also advised vide the said letter that Pensioners and Divyang employees may be allowed to draw passes in Physical mode, as per their convenience.

2. In this context, it has been brought to the notice of Railway Board by Federations as well as various pensioners that Zonal Railway Offices are refusing issuance of PRCP and Passes/PTO to Divyang employees in physical mode and are insisting on application through HRMS.

3. In this context, it is again clarified that Retirees and Divyang employees have specifically been given an option to avail Privilege Passes/PTOs either through HRMS or physically, as per their choice. As such, Railways may ensure that no retiree or Divyang employee is denied issuance of physical pass, if they chose to avail it. Railways may further ensure that Pass data of such pensioners/employees is updated in real-time. 8 Southern Railway, Trivandrum Division Personnel Branch Letter No. V/P 473/Pass/DCP Dated 18-09-2023

Sub: - Issuance of PRCP through registered post to Retired Employees.

Ref: - Representation from Pensioner's Associations dated 25-07-2023 and 02-08-2023

As per Rly Board's vide letter No. E(W)2020PS5-2/1 dated 11-06-2020 it is instructed that the Retired employees should not face any inconvenience in getting their PRCP considering their old age and health conditions and the pass issuing authority has to advice the subordinate office about Board's instructions in letter No. E(W)2001PS5-8/10 dated 14-02-2002 that there should be not any complaint regarding the issue of PRCP to retired employees when they approach concerned office. As there is provision for the retired employee to get PRCP through registered post at Railway's cost.

Henceforth all Pass issuing Authorities may ensure that, on request from retired employees, Post Retirement Complimentary Passes shall be sent to their postal address at Railway's cost. If required, augmentation of imprest may be processed to meet the expenses if it exceeds the amount of imprest in hand.

MINUTES OF ANNUAL GENERAL BODY MEETING OF RSCWS HELD ON 12-08-2023 AT FORTIS HOSPITAL AUDITORIUM, MOHALI

Meeting was presided over BY Sh. T.S. Kalra, Chairman/RSCWS & attended by 80 members.

1. Homage to Demised Members/RSCWS

Two minutes silence was observed to pay homage to the following members who left for heavenly abode during the recent past. 1. Sh. Shanti Prakash Khanna (Ex SSE/JUDW-09-01-2021), 2. Sh. Inderjit Singh (Ex SWMI/NR/BH-04-05-2021), 3. Sh. Ram Dyal Mehmi (Ex Dy.DSTE/NDLS-21-05-2023), 4. Sh. Rajinder Singh (Ex SSE/TRS/Elec/LDH-25-05-2023), 5. Sh. Sohan Lal (Ex CPS/CDG-21-02-2021), 6. Sh. Viveka Nand Thakur (Ex SS/Nirmali/Bihar-04-03-2021), 7. Sh. Satya Prakash Maini (Ex DD/RDSO/LKO-07-08-2022), 8. Sh. Dyal Singh (Ex Hd./TTE/DLI-15-06-2021), 9. Sh. Om Prakash Madan (Ex CPS/UMB-04-04-2021), 10. Sh. Om Prakash Dhawan (Ex Educator/DMO/JU), 11. Sh. Surjit Singh Arora (Ex CEE/RE/UMB).

2. Medical Seminar on Geriatrics i.e., Healthy Ageing

A Power Point Presentation was made by Dr. Milinda Gupta, MBBS, MD (Internal Medicine) Consultant- Internal Medicine with Fortis Hospital, Mohali, on Geriatrics-Healthy Ageing, which gave a positive message to members to accept ageing as a normal process. Members were apprised that ageing is healthy when we are physically, mentally & socially fit and to check our fitness we should go through certain diagnostic checks at regular interval. If the parameters of our diagnostic checkup are normal it is all well, if any parameter is abnormal, we should rule out the cause on priority. Screening, assessment, treatment (Rehabilitation+Discharge+Planning) and follow up are the four basic mantras of comprehensive geriatrics assessment i.e., Healthy Ageing. After the presentation a question answer session between the members and doctor was conducted to address the queries of the members on the subject. A write-up on the subject from the doctor was requested by the SG/RSCWS for publication in the Pensioners Rail Sampark.

Dr. Milinda Gupta, Mrs. Meena Batta & Dr. Ajinder Singh were honoured for the useful talk and presentation on the vital issue of health care in old age, and for making all the arrangements for the same.

3. Address by Sh. T.S. Kalra, Chairman/RSCWS

3.1 Chairman/RSCWS congratulated all the members on the 32nd anniversary of RSCWS.

3.2 He thanked the management of Fortis Hospital for organizing the knowledgeable medical seminar on Comprehensive Geriatrics Assessment (Healthy Ageing) for our members and requested the Fortis authorities to come out with certain packages for the benefit of our members who are passing through the various stages of ageing.

3.3 He requested the members to come out voluntarily to serve RSCWS. As our Secretary General Sh. Harchandan Singh is getting older and wants to gradually reduce his work load, one of us should come forward voluntarily to sub serve him so that there should be a smooth transition of this pivotal post in the future.

3.4 He informed the members as Chandigarh Railway Station is going to be a world class Railway Station in the near future and we are regularly chasing the matter with the concerned authorities and departments to upgrade the Railway Health Unit at Chandigarh to a Sub Divisional Hospital and to relocate it at a prominent and approachable location, so that Railway Beneficiaries can avail better healthcare facilities. We are also making efforts for a Health-Unit or at least a lock-up dispensary at Mohali Railway Station.

3.5 He requested the members to help the organization in compiling the various memoranda, representation so that the matters concerning pensioners to be vigorously highlighted to all the concerned ministries and departments.

4. Address of Working President/RSCWS Sh. D.S. Nigah

4.1 He expressed his concern about the prevailing healthcare system of the Railway, the medicines are supplied in a routine manner and doctor concerned is least bothered about the health condition of the Railway Beneficiaries. Therefore, upgradation of RHU/CDG is important.

4.2 He also expressed his view about the disparity between CGHS and RELHS, despite the amalgamation of Railway budget with the general budget. The various schemes announced for the CGHS beneficiaries are not automatically made available for the Railway Beneficiaries, therefore, system need to be rationalized.

5. Report of Secretary General/RSCWS, Sh. Harchandan Singh

5.1 He informed that for the cause of pensioners, last year we have dispatched 21 memorandums to various departments and ministries and in this year up to now 9 memorandums have been dispatched and all these have been published in our quarterly magazine (PRS) for the reference of the members.

5.2 He apprised that regarding healthcare facilities to the Railway Beneficiaries we are regularly chasing matter with DG/RHS and CMS/UMB as a result six private hospitals have been empaneled with the Railway but still some private hospitals are denying cashless treatment to Railway Beneficiaries on account of non-clearance of their bills, this is also being taken up with CMS/UMB and DRM/UMB for early resolution.

5.3 He informed, still there are certain disparities between CGHS beneficiaries and Railway Beneficiaries because facilities provided to CGHS beneficiaries are not automatically made available to Railway Beneficiaries. We are also regularly chasing the matter with DG/RHS and Ministry of Health & Family Welfare to rationalize these disparities.

5.4 He expressed his dissent that despite being nominated in the sub committees the executive members are not performing up to the mark, since this is a voluntary organization therefore, all members to please carry out the assigned work for the betterment of pensioners.

5.5 He said that the duties of RSCWS are to represent grievances of pensioners, to update and aware them about the latest orders and we all have to be involved in this noble cause as a matter of our own satisfaction.

5.6 He requested the members to pay their membership fee and donate generously towards Social Welfare Fund of RSCWS.

6. Approval of Statement of Accounts of RSCWS for FY 2022-23

6.1 A copy of statement of accounts duly vetted by CA for FY 2022-23 was made available to the members and was approved by voice vote.

7. Biennial Election of Executive Committee of RSCWS for the year 2023-25

7.1 Thirty-three members as per list attached, proposed and elected by the General Body. (List Enclosed)

7.2 Two members Sh. S.P. Baweja, Ex-ASTE/DMW/PTA and Sh. Rakesh Kumar Verma Ex-Dy.CME/COFMOW/DLI offered their services for RSCWS.

8. Donation From Social Welfare Fund of RSCWS

Rupees Ten Thousand (Rs. 10,000/-) were donated to S.A.S. Free Polyclinic, Village Parachh near Chandigarh to help the poor, needy and destitute.

9. Honoring of Super Senior Pensioners(90yrs+) and other Senior Pensioners in the age group of 85,80,75 & 65 years

9.1 Thirty-three seniors were honored/felicitated by RSCWS.

1. Sh. T.S. Tuli (DOB-01-06-1932), 2.Sh. B.G.S. Trehan (DOB-29-09-1932), 3.Sh. J.S. Bhatia (DOB-04-06-1937), 4.Sh. T.S. Rayat (DOB-15-06-1937), 5.Sh. Aatma Singh (DOB-15-07-1937), 6.Sh. A.K. Sood (DOB-24-07-1937), 7.Sh. Dharam Dev (DOB-05-08-1937), 8.Sh. T.S. Thukral (DOB-28-12-1937), 9.Sh. K.D. Pasricha (DOB-15-02-1938), 10.Sh. Gurdarshan Singh (DOB-16-05-1942), 11. Sh. Mast Ram (DOB-13-06-1942), 12.Sh. S.K. Dewan (DOB-12-08-1942), 13.Sh. Mohinder Singh (DOB-26-08-1942), 14.Sh. B.K. Gupta (DOB-09-09-1942), 15. Sh. P.S. Birha (DOB-01-11-1942), 16.Sh. B.S. Arshi (DOB-09-01-1943), 17.Sh. Inderjit Sharma (DOB-01-02-1943), 18.Sh. Mam Chand (DOB-19-02-1943), 19. Sh. Amarjit Singh (DOB-18-03-1943), 20.Sh. Balbir Singh (DOB-01-07-1943), 21.Sh. M.S. Sawhney (DOB-23-07-1943), 22.Sh. T.S. Kalra (DOB-29-08-1943), 23.Sh. K.N.S. Virk (DOB-04-06-1947), 24.Sh. Gurdev Singh (DOB-28-06-1947), 25.Sh. Kanwar M.P. Singh (DOB-14-09-1947), 26.Sh. S.K. Jaswal (DOB-02-02-1948), 27.Sh. C.P. Singh (DOB-18-02-1948), 28.Sh. Chander Bhan (DOB-15-08-1948), 29.Sh. R.K. Sharma (DOB-18-10-1957), 30.Sh. Anoop Kumar (DOB-11-11-1957), 31.Sh. Pankaj Gupta (DOB-23-03-1958), 32.Sh. Nirmal Singh (DOB-10-05-1958) and 33.Sh. Ved Parkash (DOB-01-07-1958).

9.2 Four Executive Members (Sh. Jaspal Singh-Fin. Secy, Shrimati Jagjit Kaur-Secretary, Sh. G.P. Singh-Manager Circulation and Sh. Desh Rattan-ASG) were honored for their commendable services to RSCWS. Secy. Genl. Sh. Harchandan Singh was a unanimous pick of all the members for a special honour for his continuous service to the cause of pensioners through RSCWS since its inception.

10. Miscellaneous

10.1 Sh. Amrit Lal Bajaj EX MCF/Sig/Jaipur complained about the non-supply of medicines for his wife (a blood cancer patient) by CMS/UMB

10.2 Eight new members welcomed on joining RSCWS.

10.3 Sh. Zaildar Singh from RCF/KXH recited a humorous poem for the entertainment of the members.

11. Concluding Address of Sh. T.S. Kalra, Chairman/RSCWS

11.1 Chairman thanked the members for their active participation in the meeting, and requested the members to come out with the new ideas and suggestions for the cause of pensioners.

12. Vote of Thanks by Sh. Harchandan Singh, SG/RSCWS

12.1 Secretary General thanked the members for approving the agenda items. He appreciated the good work done by Sh. H.S. Sachdev & Sh. R.K. Dutta and a couple of other members who also deserved to be honoured besides those honoured for the same in this meeting. Other deserving members shall be honoured in the next AGBM.

Requested all the members to pay their membership and donate generously toward the Social Welfare Fund of RSCWS positively to carry out the smooth working of the society. SG thanked the Chairman for presiding over and nicely conducting the Meeting. He also thanked the Management of Fortis for arranging the Meeting and conducting the useful Medical Seminar.

ADVISORS RSCWS – NOMINATED BYEXECUTIVE COMMITTEE IN ECM HELD ON 23-9-2023

Sl.N	Name S/Sh/Smt	Designation	Mobile No.	Address/e-mail id
1	N. P. Mohan	Patron &Advisor	94178-70544	G-65, Ground Floor, Harsh Path. Shyam Nagar. Jaipur -302019 npmohan34@gmail.com
2	D.S.Nigah	Advisor	98884-38217	347, Sector-71, S.A.S. Nagar. dsnigah@gmail.com
3	V.P.Chandan	Advisor	98103-66907	24, Himuda Colony, Shimla Hill, Shoghi-171219 vpchandan@yahoo.com

LIST OF EXECUTIVE COMMITTEE MEMBERS FOR 2023-2025**ELECTED IN ANNUAL GENERAL BODY MEETING HELD ON 12-08-2023 & NOMINATED IN ECM ON 23-09-2023**

Sl.N	Name S/Sh/Smt	Designation	Mobile No.	Address/e-mail id
1	N. P. Mohan	Patron &Advisor	94178-70544	G-65, Ground Floor, Harsh Path. Shyam Nagar. Jaipur-302019 npmohan34@gmail.com
2	T. S. Kalra	Chairman	98761-73490	1577, Phase 3 B-2, Sec-60, Mohali-160059 tejkalra@gmail.com
3	K.P. Singh	President	98119-22222	3005, Sector-28/D, Chandigarh. kpsingh.railways@gmail.co.in
4	H.S. Sachdeva	Working President & Sr. Auditor	98769-34244	320, Sector 46 A, Chandigarh micromeg@micromeg.co.in
5	Punkaj Gupta	Working President	94227-53822	145, First Floor, Sector-9. Panchkula. pg.punkaj@gmail.com
6	Rajeev Sharma	Sr. Vice President	74990-68084	817, Sector-7, Panchkula-134109 Arian61@hotmail.com
7	B.B. Sharma	Sr. Vice President & Auditor	98156-94534	3046, Sector 21-D, Chandigarh. bharatbhushan2109@yahoo.in
8	SatishChander Sharma	Vice President	97798-60311	1-C, Block 14, Rail Vihar MDC Panchkula satishsharma.rcm@gmail.com
9	R.K.Datta	Vice President	94175-02030	2355, Goodwill Enclave, Sec- 49/C, Chandigarh. rajinderdatta142@gmail.com
10	Harchandan Singh	Secretary General	93161-31598	32, Phase-6, Mohali-160055 (Ph: 0172 2228306) harchandan_chd32@yahoo.co.in
11	Desh Rattan	Joint Secy. Genl. & Sub Editor	98962-58192	308, Exotic Heights, Trishla Road, Peer Muchalla,Zirakpur, Mohali- 140603 desh_rattan1955@yahoo.co.in
12	C.P.Singh	Treasurer	98880-54477	Sh. C. P. Singh. [LM] 351, Savitri Tower-I, VIP Road, 2 nd Floor. Zirakpur. S.A.S. NAGAR-140 603. cpsingh.18feb@gmail.com
13	Jaspal Singh	Secretary-Finance	98760-92040	Flat No. 1020/1, [First Floor], Sec-45/B, Chandigarh. jaspalsingh_saggu@yahoo.com
14	Anoop Kumar	Secretary	98724-56933	# 73, Vikas Nagar, BALTANA-Mohali-140604. nupi1957@gmail.com
15	MayankBhatnagar	Secretary	84370-43273	302/16, BlissOrraMotiaRotal City, Zirakpur. Mohali. mkbhatnagar42@gmail.com
16	Amita Singh	Secretary	98111-98762	3005, Sector28-D, Chandigarh amitasingh1944@gmail.com
17	JagjitKaur	Secretary	93560-66050	32, Phase-6, Mohali-16005
18	G.P. Singh	Secretary	97795-82475	E-203, Rishi Apartment, Sector-70, Mohali gp_singh_2007@yahoo.co.in
19	T.L. Gupta.	Joint Secretary	82846-69827	Flat no. 93/B, Metro Town, Peer Mochalla. Zirakpur. Tarsemlalgupta123@gmail.com
20	Jaswant Singh	Joint Secretary	94787-10932	159/1, DesuMajra Colony, Near Gurdwara, Kharar, Mohali jaswantsinghsaini832@gmail.com
21	Vijay Kumar	Joint Secretary	94645-83428	3428, Sector 40-D, Chandigarh-160036 pujaverma3428@hmail.com
22	Sat Pal Singh	Joint Secretary	98884-48063	B-406,RV,MDC, Sector-4, Panchkula-134114 spsbharaj@gmail.com
23	Mohinder Singh	Joint Secretary	98145-64191	319-C, Sector-51/A, Chandigarh
24	Charan Singh	Member-EC	98884-97655	V&PO, Bhankarpur, DeraBassi. SAS Nagar.
25	N.K. Malik	Member EC	79734-44135	590. sector-9. Panchkula. nkm1960@gmail.com
26	Labh Singh-1	Member EC	93566-99888	37/B, Aman city, Kharar, Mohali singh9990.ls@gmail.com
27	R.K. Verma	Member EC	88516-13938	3938, Sector-47-C/ Chandigarh rkvermadmw@gmail.com
28	VinodBatra.	Member EC	92155-25701	Flat No. 811, Tower-C. Escon Arena Society. Nagal Road. Zirakpur. Batra1028@yahoo.com
29	S.K.Baweja	Member EC	94160-03719	#B-8/102, Rail Vihar VIP Road, Zirakpur-140603 dearsuraj1953@gmail.com
30	Ashwani Kumar	Member EC	98720-05055	Flat No. B-1/501, Rail Vihar, VIP Road; Zirakpur-140 603. mdczrk@gmail.com
31	Santokh Singh	Member EC	84277-56001	Sh. Santokh Singh. [LM] 783, Sec-3-B/1; Sec-60. SAS Nagar. sssandhu2007@gmail.com

LIST OF PVT HOSPITALS EMPANELED BY RAILWAYS IN THE TRICITY AS ON 30-09-2023

-FOR CASHLESS TREATMENT OF RAILWAY MEDICAL BENEFICIARIES (EMPLOYEES & RELHS OPTTEES) WITH UMID CARD
On REFERRAL BY CMS NR UMB OR IN EMERGENCY ON APPROVAL OF CMS WITHIN 24 HOURS

Sl.No.	Hospital Name	Contract up to	Contact No.
1.	MAX Super Specialty Hospital, Phase-6, Mohali	18-02-2024	0172-6652000
2.	Indus Hospital, Opp.Old D.C. Office, Phase 1, Mohali	07-07-2024	0172- 5044945
3.	Mukat Hospital & Heart Institute, Sector 34-C, Chandigarh.	15-10-2024	98720-48149
4.	Grecian Hospital, Sec.- 69, Mohali	26-08-2024	98996-49020
5.	Ivy Multi specialty Hospital, Sector 71, Mohali	15-10-2024	9988823456 (Abhishek – Mob: 8699999914)
6.	Amar Hospital, Sector-70, Mohali	12-03-2024	0172-5037683
7.	Eden Critical Care Hospital, Industrial Area, CDG	06-08-2024	
8.	Drishti Eye Hospital, Sector-10, Panchkula.	13-12-2023	0172-2571572 98033-33344
Lab.	Spiral CT & MRI; Sector 44, CDG	20-12-2023	0172 4064555 98142-52733
Lab.	Atulaya Health Care; SCO 112-113, Sector 8-C, CDG	15-01-2024	0172 4558888 97795-99499

ENTITLEMENT OF WARDS (as per 7th CPC Pay): General Ward: Up to Rs.47600/-;
Semi-Private Ward: Rs.47601/- to 63100/-; Private Ward: 63100/- & above

HOSPITALS EMPANELED WITH RSCWS IN THE TRI-CITY
**FOR TREATMENT AT CGHS RATES ON CASH PAYMENT IN OPD, IPD & DIAGNOSTICS, FOR
RSCWS MEMBERS ON PRODUCTION OF UPDATED/VALID MEMBERSHIP CARD OF
RAILWAY SENIOR CITIZENS WELFARE SOCIETY (RSCWS)**

Sl. No.	Name of Hospital	EMPANELED FOR THE SPECIALITIES	Contact No
1.	FORTIS MULTI SPECIALITY HOSPITAL, SECTOR 62, PHASE-VIII, MOHALI	All available Specialties	172-5021222 98721-70582 (Dr. Ajinder Singh.)
2.	IVY MULTI-SPECIALITY HOSPITAL, SECTOR-71, MOHALI	All available Specialties	0172-7170000, (Abhishek: 86999-99914)
3.	MUKAT MULTI-SPECIALITY HOSPITAL, SECTOR-34 A, CDG	All available Specialties	0172-4344444 98720-48149
4	OJAS Multispecialty Hospital, Sector 26, Panchkula.	All available Specialties	(Parveen Kumar) 9779992668

NOTICE

Subscription of members of RSCWS (except that of life members) is due from April'2023. They are requested to pay the same at the General Body meeting at Fortis Hospital, Mohali, on 25-11-2023. Please bring your Membership Cards for updating the same after paying the Subscription OR through Bank Account of RSCWS etc. as per details below.

MEMBERS OF RSCWS PLEASE PAY YOUR SUBSCRIPTION @ RS.400/- PA OR LIFE MEMBERSHIP RS.3500/-
(ASSOCIATE MEMBERSHIP FOR THOSE RESIDING OUTSIDE CHANDIGARH, PANCHKULA & MOHALI: RS.150/- PA/LM RS.1500/-)
DONATIONS & SUBSCRIPTIONS MAY BE deposited in the Bank account of RSCWS in favor of
"Railway Senior Citizens Welfare Society" in Punjab & Sind Bank, Sector 7, Chandigarh,
in SB Account No. 08561000100242, IFSC Code PSIB 0000856

OR MAY BE PAID TO

SH. C.P. SINGH. TREASURER, RSCWS, 351, SAVITRI TOWER S 1, VIP ROAD, ZIRAKPUR (PB)-140603(MOBILE: - 98880-54477)

NOTE: MEMBERS, WHO SEND THEIR SUBSCRIPTION THROUGH BANK ACCOUNT, ARE REQUESTED TO UPLOAD THE SCREEN SHOT OF PAYMENT IN RSCWS-1 GROUPOR TO THE TREASURER SH. CP SINGH AND FINANCE SECRETARY SH. JASPAL SINGH ON THE WHATSAPP MOB. NO.9888054477 AND 98760-92040 RESPECTIVELY FOR UPDATING THE RECORDS.

IN CASE OF NEW MEMBERS, MEMBERSHIP FORM & 2 STAMP SIZE PHOTOS EACH OF SELF & SPOUSE MAY BE SENT TO SH. CP SINGH TO ENABLE HIM TO SEND THE RECEIPT & MEMBERSHIP CARD OF RSCWS.

GLIMPSES OF GENERAL BODY MEETING ON 12-08-2023
HONOURING OF MEMBERS WHO CROSSED 90, 85, 80, 75 & 65 YEARS OF AGE



HONORING OF RSCWS MEMBERS DURING GENERAL BODY MEETING ON 12-08-2023



MEDICAL SEMINAR & INTERACTION DURING THE GBM OF RSCWS



HONORING OF ELDERLY MEMBERS AT THEIR RESIDENCE



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Shalby Hospitals, Mohali

Phase IX, Sector 63, S.A.S Nagar, Mohali, Punjab

PRS: July-September 2023

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If undelivered, please return to:
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 32, Phase 6, Mohali (Chandigarh)-160055.
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